



WASHINGTON CENTRAL HOTEL



## **CARLTON RESTAURANT MENU**

**DINNER: £29.50 PER PERSON FOR 4 COURSES INCLUDING COFFEE**

**LUNCH: £18.95 PER PERSON FOR 3 COURSES INCLUDING COFFEE**

The management requests that the use of mobile phones be confined  
to the bar lounge area  
Thank You

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### **APPETISERS**

#### **CONFIT OF HAM HOCK TERRINE**

*accompanied by red onion and tomato chutney*

#### **HOME CURED SCOTTISH SALMON**

*served with dill potato salad, lemon and chive crème fraîche and air dried tomatoes*

#### **GRILLED FILLET OF TURBOT**

*on buttered spinach with a chive cream sauce*

#### **ROAST MEDITERRANEAN VEGETABLES AND GOATS CHEESE**

*with saffron tagliatelle and balsamic syrup*

#### **PAN FRIED QUAIL BREAST**

*with parsnip puree and juniper jus*

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### **INTERMEDIATE COURSE**

**Red pepper and chorizo soup**

Or

**Home-made green apple sorbet**

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### **MAIN COURSE**

#### **TENDERLOIN OF WILD BOAR ROLLED IN FRESH HERBS**

*served with sweet potato puree, red onion confiture and calvados jus*

#### **OVEN BAKED SUPREME OF CHICKEN**

*on mushroom and bacon risotto with baby leeks and thyme reduction*

#### **CRISPY SOLWAY SEABASS**

*presented with creamed garlic salsifies and braised red cabbage*



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**CHARGRILLED FILLET OF CUMBRIAN BEEF**

*with fondant potatoes, large flat mushroom, roast black pudding and peppercorn sauce.  
(A supplement of five pounds and fifty pence)*

**PAN SEARED BARBARY DUCK BREAST**

*with baby carrots, soft parmesan polenta and cassis jus*

**TOMATO AND FETA CHEESE, SHORT CRUST PASTRY TART**

*with balsamic syrup*

***The main course will be accompanied by fresh market vegetables and a potato dish***

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**DESSERTS**

**A selection of today's desserts will be offered from the dessert menu**

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**COFFEE**

**Cafetière of ground coffee or your preferred choice of coffee/  
tea will be served with Kendal mint cake**

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**THE CLOCK TOWER**

**For that extra special occasion please enquire about our unique**

**Clock tower restaurant**

**Exclusive dining, personal menu,  
Seven course dinner plus coffee  
£45.00 per person**